



# NACOS™

National Association of  
Clinical Obesity Services

## MESSAGE FROM THE PRESIDENT



Dear Colleagues,

It is hard to believe that it is June and we are almost half way through 2021! NACOS has a number of key activities planned for the second half of this year which I invite you to attend.

On Thursday 5th August we will be hosting the first of our Case Conferencing webinars “It doesn’t matter what I do, I just never lose weight”, supported by an unrestricted grant from Novo Nordisk. During this case forum we will discuss how

to approach the patient who reports following your prescribed diet and exercise prescription but continues to gain weight. I am delighted that we have two very experienced clinicians to discuss this challenging clinical scenario - Dr Nic Kormas and Dr Janet Franklin. Please keep an eye on your inbox for an invitation to join this webinar.

On 20<sup>th</sup> – 22<sup>nd</sup> July ANZOS will be holding its annual scientific meeting at the Brisbane Convention Centre. I am looking forward to attending a face-to-face meeting once again and it would be wonderful to network with colleagues in person. It would be great to see you there if you are able to attend in person. The conference will also be hosted virtually for those unable to travel to Brisbane.

The Australian Diabetes Congress (ADC) will also be held in Brisbane from 11<sup>th</sup> – 13<sup>th</sup> August. NACOS is hosting our inaugural symposium at the conference. The topic of “Weight loss is important in type 2 diabetes” will be debated - it should be a very interesting session! ADC can be attended in person or virtually.

NACOS continues to provide education on the clinical management of obesity. We are pleased to be collaborating with HealthEd. Together we have developed a series of online mini-courses on clinical obesity education targeting nurse health care professionals. They have extended free access to the VLCDs for Obesity Management expert mini-course until Monday 21 June:

<https://cpd.healthedfornurses.com.au/courses/vlcds-for-obesity-management>

It is very important that NACOS continues to grow in membership to support clinicians working in obesity management. You will soon receive your invitation to renew your annual membership. I encourage you to renew and to invite your colleagues to join NACOS to strengthen our organisation which endeavours to improve the lives of people living with obesity.

Finally, we are holding our Annual General Meeting commencing at 7pm (sharp) on 31st August, 2021 via Zoom. A reminder email with the Zoom meeting link will be sent to you closer to the date.

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